

MAY 2024 NPHS BREAKFAST MENU

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
		MAY 1 Fresh Baked WG Cinnamon Bun Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	MAY 2 Egg and Cheese on WG Bagel Assorted Fresh Fruit Variety of Milk	MAY 3 Egg & Cheese on WG English Muffin Assorted Fresh Fruit 100% Fruit Juice Variety of Milk
MAY 6 Egg and Cheese on WG Croissant Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	MAY 7 Egg & Cheese on WG Pretzel Bun Assorted Fresh Fruit Variety of Milk	MAY 8 Fresh Baked WG Cinnamon Bun Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	MAY 9 Egg and Cheese on WG Bagel Assorted Fresh Fruit Variety of Milk	MAY 10 Egg & Cheese on WG English Muffin Assorted Fresh Fruit 100% Fruit Juice Variety of Milk
MAY 13 Egg and Cheese on WG Croissant Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	MAY 14 Egg & Cheese on WG Pretzel Bun Assorted Fresh Fruit Variety of Milk	MAY 15 Fresh Baked WG Cinnamon Bun Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	MAY 16 Egg and Cheese on WG Bagel Assorted Fresh Fruit Variety of Milk	MAY 17 Egg & Cheese on WG English Muffin Assorted Fresh Fruit 100% Fruit Juice Variety of Milk
MAY 20 Egg and Cheese on WG Croissant Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	MAY 21 Egg & Cheese on WG Pretzel Bun Assorted Fresh Fruit Variety of Milk	MAY 22 Fresh Baked WG Cinnamon Bun Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	MAY 23 Egg and Cheese on WG Bagel Assorted Fresh Fruit Variety of Milk	MAY 24 Egg & Cheese on WG English Muffin Assorted Fresh Fruit 100% Fruit Juice Variety of Milk
MAY 27 NO SCHOOL	MAY 28 Egg & Cheese on WG Pretzel Bun Assorted Fresh Fruit Variety of Milk	MAY 29 Fresh Baked WG Cinnamon Bun Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	MAY 30 Egg and Cheese on WG Bagel Assorted Fresh Fruit Variety of Milk	MAY 31 Egg & Cheese on WG English Muffin Assorted Fresh Fruit 100% Fruit Juice Variety of Milk

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AVAILABLE DAILY:

Fresh fruit: may include apples, oranges, bananas

Variety of Milk: unflavored 1% milk, unflavored fat free milk or fat free chocolate milk

DAILY ALTERNATE ENTREES

Overnight Oats

Assorted Breakfast Breads: may include banana, pumpkin or blueberry

WG Muffins: may include blueberry, chocolate chip or banana

Yogurt Parfait

Additional WG offerings may include mini pancakes, mini French toast or mini bagels

Assorted WG cereal may include WG Cheerios, WG Rice Chex, WG Honey Nut Cheerios, WG Cinnamon Chex, WG Cinnamon Toast Crunch, WG Cocoa Puffs

100% Fruit Juice: may include 100% apple, 100% orange, 100% grape or 100% fruit punch

M-W: Bagel with cream cheese

T-W-TH: Choc Chip Benefit Bar or Banana Benefit Bar

This institution is an equal opportunity provider. Menu subject to change without notice.

WG = Whole Grain

***All grains offered are whole grain rich**